2019 Window 3 Promotional Builds Nutritional Information

COLD STONE	Serving weight (g)	Size	Total calories (cal)	Calories from fat (fat cal	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Creations™													
Dough for It!™	197	Like It	600	240	27	16	0.5	70	400	87	1	62	7
Dough for It!	296	Love It	890	360	40	24	1.0	110	530	128	2	95	11
Dough for It!	409	Gotta Have it	1180	490	54	33	1.5	165	710	168	2	125	15
Dough-lightful Peanut Butter™	188	Like It	620	320	35	15	0.0	70	380	70	2	54	12
Dough-lightful Peanut Butter	295	Love It	950	460	51	24	1.0	110	580	114	3	90	17
Dough-lightful Peanut Butter	408	Gotta Have It	1240	590	65	32	1.0	165	750	154	3	120	22
One Smart Brookie™	227	Like It	720	280	31	16	0.5	80	550	104	2	69	9
One Smart Brookie	312	Love It	940	380	42	23	1.0	125	690	134	2	92	13
One Smart Brookie	425	Gotta Have It	1240	510	56	31	1.0	175	870	173	2	122	17
Somewhere Over the Rain-dough™	170	Like It	490	210	23	16	0.0	70	230	68	0	53	6
Somewhere Over the Rain-dough	268	Love It	770	310	35	23	1.0	110	370	109	0	85	9
Somewhere Over the Rain-dough	381	Gotta Have It	1060	440	49	32	1.0	165	550	149	0	114	13
The Way the Cookie Crumbles™	177	Like It	520	230	26	15	0.0	70	320	71	0	51	6
The Way the Cookie Crumbles	284	Love It	850	370	41	23	1.0	110	550	117	0	83	10
The Way the Cookie Crumbles	397	Gotta Have It	1140	500	55	32	1.0	165	730	157	0	113	15
Add-On													
Dipped Dough	43	1 puck	190	70	8	5	0	0	180	28	1	16	1
Novelty													
Reese's Peanut Butter Ice Cream Cups	68	1 cup	330	240	26	8	0	10	190	20	2	16	8

Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calories needs vary.

The Nutritional Information Cold Stone Creamery® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

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